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**Jaime**: And we're back a week later.

**Mike**: Can you, can you imagine another Jamie and Mike show? Hard to imagine. Yet again, they get to enjoy these moments of time. Yeah. I like the glasses.

It's a nice look. Do you always wear glasses?

**Jaime**: Well, these are blue light glasses when I stare at my computer for too long.

**Mike**: Oh yeah. All right. Yeah. Good

**Jaime**: But I did enter the world officially of readers officially.

**Mike**: What's, what's, what's your magnification?

**Jaime**: The smallest.

**Mike**: One. Yeah. Makes a difference though. Doesn't, it does make a difference. It's like you put those on and you're like, wow, I guess I was blind. I mean,

**Jaime**: I know. I hate it. I remember when I was a kid, my mom would always be like, I can't read that, honey. Can you read that for me? And I was always like, what do you mean you can't read it? It's so obvious. And now I'm doing it with my children. I can't read this.

**Mike**: Or what's worse is you get to a restaurant and you, and you forget 'em, and then you open the menu and you're like, you are the sunshine of my life, I mean, it's, you can't even, yeah. So frustrating. And wait till I don't know if you've already done this. Wait till they're everywhere.

Like in your car, in your house, in your bedroom, in your kitchen. You'll just have 'em like laying around because you're always going. Where are the readers? I don't have real ones yet. I don't have real, mine are still ones though, for an old man.

**Jaime**: Good. Good.

**Mike**: Only one. Yeah. Yeah.

**Jaime**: Now that I think you've Coke bottle glasses by now.

**Mike**: Yeah. You would think. Yeah. At my age, I'm surprised I even have eyes. Mm. Yeah.

**Jaime**: To be fair, I started with Coke bottle glasses in fourth grade.

**Mike**: So what'd you have? Did you have uh, those? The Lasik?

**Jaime**: Yeah, I got Lasik. Well, I, so I started with contacts in seventh grade, and then in 2012 I got Lasik. Best money I've ever spent in my life.

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**Mike**: Yeah, that's what my brother said. My brother could barely see somebody standing next to him. And then he had Lasik. He could read a license plate across a parking lot. It was pretty incredible.

**Jaime**: Yeah, it's crazy. It's so nice to wake up and be able to see and not be losing contacts and

**Mike**: Yeah. So thanks to our sponsor, Lasik r us, we appreciate that.

That's, uh, we're very thankful for, uh, LensCrafters.

LensCrafters

**Jaime**: Got that. Edward, you know who to call.

**Mike**: We're thankful for their support. That's right. All right. Hey, let's talk about some cool things that NSA does to help people build better businesses and be better speakers. I think there are a couple, several things, but we're gonna feature a couple now, right?

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**Jaime**: Yeah. So we have, uh, two programs online called, one's called Mic Swap and one is new one is called Open Mic. And I don't know, um, I felt like it was good for us to highlight it, uh, because a open mic is new and everybody might not know what that is. And also some people are like, what's the difference between mic swap and open mic? So, Mike,

**Mike**: I actually asked that question, didn't I earlier?

**Jaime**: Yeah, you did. So I'm gonna at test you. What is Mic Swap Mike?

**Mike**: Uh, mic Swap is actually the opportunity for you to get together with a group of people and talk about your business and talk about what's going on and get feedback mostly, mostly as it relates to your speech.

**Jaime**: So it's an online virtual mastermind. It's not the same people every month, but whoever is on, you have that opportunity to either ask questions or contribute to those that join.

**Mike**: Yeah. So, cool. And look, you guys, it's think if you, if you are a CSP or CPAE and you've been to the CSP/CPAE Summit, think of that every week with a different group. But the cool thing about it is, if you're not a CSP or CPAE, this is your opportunity to experience what the attendees at the Summit experience, which is those small groups, uh, talking about business and how you can be helpful. So jump on there. It's really great. They can go to the website, right? And get information about it.

**Jaime**: Yep. Go to the website to get information, and while you're there, check out Open mic. Open Mic is a new members-only benefit where you can go online. And if you've ever wanted to share a part of your story or a part of your keynote and get some feedback on it, that's your opportunity to go on there and share a little bit of it and get some real time feedback.

And so please join either as a contributor to get the feedback or join, just to provide feedback to those members that need it. So it's a great one hour. Um, I don't know if, I think they do it once a month, uh, for you to get that, to get that feedback. And it's an NSA member only benefit.

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**Mike**: Yeah. And that is so good 'cause there are organizations out there charging thousands of dollars for the same thing. Yeah. Just to get that done. And that's part of your membership. So take advantage of it. Um, if you want to get on there and help give feedback, and many of you are outstanding at that, or if you want to get feedback, as Jamie said, I think it's really, really good.

Speaking of stories or, um, uh, ways to, uh, hone your craft, let's talk about Story Jam. Not to be confused with Jelly. Not that kind of jam. I thought at first that Mike Swap was when I hand the reins over to Meredith, we're gonna swap Mike, but that isn't what that is. So what is, uh, Story Jam?

**Jaime**: Oh my gosh. We're so excited about Story Jam. If you were at Influence this year, you heard the announcement live from stage uh, with Candace and Mike Bryan, who is president of the Mountain West Chapter. So we are excited to roll out Story Jam, an official National Speakers Association program to raise awareness and heighten the importance of storytelling for professional speakers.

It is a competition that starts at the chapter level. Then we'll move to a regional level, and then the national finals will be on stage at Influence in August. In Denver. In Denver. So if you are interested in learning more about this, please reach out to your local chapter. If you're not part of a local chapter, uh, reach out to the office. I do think that there is one virtual option for people who aren't part of a chapter. Yeah. Um, Candace, don't kill me if I got that wrong,

but I think that's true.

**Mike**: But, you know, after two year, almost two and a half years of doing this, nobody should kill us for getting things wrong because we get it wrong almost every time. But it is cool.

**Jaime**: People are listening. They follow up.

**Mike**: Listen, y'all, it's the first time NSA to my knowledge, has done a national competition that's gonna roll up and roll up and roll up. So get involved. I'm sure there is gonna be amazing talent, amazing stories. I love the whole idea of it.

It's gonna bring our community together and celebrate all the great work y'all are doing out there. So get busy. Yeah.

**Jaime**: And…

**Mike**: The coolest logo ever in NSA history. If you were with us last week, you remember that this reminds Jamie of the hot air balloons in Albuquerque, the Hot Air Balloon Festival. And where is Thrive?

**Jaime**: Albuquerque, New Mexico.

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**Mike**: That's right. So we're bringing hot air back to Albuquerque. That's what we're doing. Do the winter conference in Albuquerque, the home of hot air balloons, which will now be hot air speakers. So it's good. I think it'll be a lot of fun.

Hey, listen, it's still early bird registration. All jokes aside, so you need to jump in there. It's only gonna be, when you see this, it'll only be a couple of weeks, maybe three, four weeks. So, um, make sure you jump in there and get registered. It's gonna be great. It's always our nuts and bolts meeting.

**Jaime**: Yep. We got one more thing to share. So do you remember on one of our last episodes, we were talking about how people who get their CSP medal or their CPAE award or their Cavett like to go around the world and take pictures of different places that they have it? And we said, hey, if you've got a picture, share it with us.

**Mike**: Oh, that's right. Look at that. I think, I think that Ruby's dog is the most impressive of that whole picture going, what the heck is that? That is so awesome. And Ruby, just for the record, if that's your backyard, I'm moving in with you. I want that view. That is, is that a great picture? Like a Cabot looking there? Might want to turn him around though, Ruby, so he can see the view. I think that's, yeah.

00:07:45.620 --> 00:07:49.020

**Jaime**: Yeah. So that is Ruby Newell-Legner’s Cavett Award, recipient in 2022. And I believe her dog's name is Denali,

**Mike**: Of course. Beautiful.

**Jaime**: Overlooking that beautiful landscape. So thanks, thanks for sharing that. Ruby and anybody else has photos of their CSP, CPAE or Cavett. Hey, send it to us. We'd love to share it with our members.

**Mike**: I actually have my CSP medal, I just realized in here, in the studio, and it's wrapped around the neck of my CPAE. I'm not sure that's a good thing. I mean, it's, it's a little strangulated. It's not,

**Jaime**: Grab it. Let's see it.

**Mike**: I, eh, it's too messy in here. I'll show it next time.

**Jaime**: Okay. All right. Okay, everybody have a great week. We'll see you next week, Mike.

**Mike**: See you. Good to see you. Bye.

**Jaime**: Bye.